

### **Lemon Tuna Couscous**

Combine 1/3 cup couscous

1 teaspoon dried mint

1 teaspoon lemon zest

1 teaspoon dried onion

and a dash of salt and pepper in a zip-top bag.

Add 2/3 cup cold water. Let stand 15 minutes or until couscous is soft.

Add 1 tuna pouch and 1-ounce packet of balsamic vinaigrette dressing.

Serves 1